

Knowledge Sheet 120

Bangalore Ashram, India

24 September 1997

## *The Five Signs of a Satguru*

*In the presence of a Satguru:*

- 1. Knowledge flourishes*
- 2. Sorrow diminishes*
- 3. Without any reason, joy wells up*
- 4. Lack diminishes, abundance dawns*
- 5. All talents manifest*

*To the degree you feel connected to the Guru, these qualities manifest in your life. Sit with your eyes closed, feel the connection with the Guru, and start making your own knowledge sheet.*

*Next week's knowledge sheet will be written and spoken by those whose name starts with the letter "A" and this will continue in alphabetical order.*

*So,*

- 1. Make a knowledge sheet*
  - 2. Take a commitment for a seva project*
- The more you give, the more strength will be given to you*

*Exercise: Sit with your eyes closed for one minute and surrender your name. How do you feel . . . ?*

***Dissolving the name is awareness.***

***Dissolving the form is meditation.***

***World is name and form.***

***Bliss transcends name and form.***

*Jai Guru Dev*

